Schools & Recreation

Harold Martin School:

PreK—3rd grade 271 Main St. Hopkinton (603) 746-3473

Maple Street School:

4th—6th Grades 194 Maple St. Contoocook (603) 746-4195

Hopkinton Middle High School:

297 Park Ave. Contoocook (603) 746-4167

Parks and Recreation

Contact Paula Simpkins Recreation Director (603) 746-8263

Elm Brook Park: Hopkinton-Everett Lake; enjoy a wide variety of recreational opportunities, including boating, swimming, hiking and fishing. https:// www.nae.usace.army.mil/Missions/ Recreation/Hopkinton-Everett-Lake/

Hopkinton Trails: we have an extensive trail system and town properties to explore. https://hopkintonconservationland.org

HYSA: Hopkinton Youth Sports Association. Town sports for youth including basketball, baseball, golf, football, soccer and much more. http://www.hysasportsnh.com/

Library & Spiritual Resources

Hopkinton Town Library: Books, newspapers, movies, online services including Consumer Reports, events, helpful staff—and they provide home delivery! Information on services and a community calendar can be found on their website www.hopkintontownlibrary.org (603) 746-3663.



Local Faith Communities

Countryside Community Church 815 Main St. Cont. (603)746-4043

First Congregational Church
1548 Hopkinton Rd Hopk (603)746-4235

St Andrew's Episcopal Church
354 Main St. Hopkinton (603)746-3415

St Theresa's Catholic Church
158 Old W. Hopkinton Rd (603)428-3325

<u>United Methodist Church</u> 25 Maple St. Cont. (603)746-4894

Transportation

Dial A Ride:

Hopkinton residents aged 50+ can reserve rides to appointments or other destinations.



Call Mon—Wed—Fri 10 AM-noon (603) 746-4357

CAP Bus: Community Action Bus Program travels through Hopkinton and Warner to Concord on select days of the week. Call to register or for more information: (603) 225-1989

Hopkinton Human Services

Department: Is here to help you! Contact us for assistance with basic needs, connection to services, camp scholarships, Got Lunch, Wood Bank, school supplies/Backpack program, fuel assistance, Operation Holidays.

Alicia Presti Human Services Coordinator (603)746-8244

> Paula Simpkins Recreation Director (603) 746-8263

Located at the Slusser Center

Community Connections

Make Life Easier

Resources for Hopkinton Residents





WEBSITE

Emergency: 911

Police: (603)746-5151

Fire: (603)746-3181

Hopkinton Town Offices:

(603)746-3170

Helpful Links & Numbers

ServiceLink of Merrimack County

Helps all ages, abilities, and income levels connect with state and local healthcare services, especially offered by NH Dept of Health and Human Services. ServiceLink can help with: care of an older adult; support of persons with developmental disability or mental health concern; respite for a caregiver; or access to health insurance, Medicaid, and Medicare. 603-228-6625 info@mcservicelink.org

<u>Dept of Health & Human Services:</u> 866-634-9412 <u>dhhs.nh.gov/</u>

Merrimack County Navigators:

Help work through social services https://merrimackcounty.net/departments/ human_services/county_navigation/index.php

211 – Get Connected. Get Help. is a nationwide help-line sponsored by each state's United Way providing information and local connections to meet basic needs such as obtaining food, paying for housing / utilities, accessing mental health / substance abuse programs & recovering from disasters. 211nh@211nh.org Call 211

Adult Abuse Hotline: 800-949-0470 (reaches Bureau of Elderly & Adult Services, NH DHHS)

<u>Child Abuse Hotline:</u> 800-894-5533 Reaches the Division of Children, Youth & Families (DCYF), NH DHHS

Suicide Help Line: Call 988

Food & Fuel Resources

Fuel Assistance Programs:

Provides elderly, disabled, and low income households with financial assistance for heating and utility expenses.

Community Action Plan CAP:

Provides discounted electric rates to qualified low income households, includes fuel, electric and household stabilization. 603-456-2207 https://www.capnh.org/home

Contoocook Carry Community

Fund: for heating fuel and free wood delivery from the Sean Powers Wood Bank. Mary Congoran 603-568-2783

Food Resources:

Meals On Wheels: Delivery of prepared meals to your home. Community Action Program 603-225-3295 ext 1156

Hopkinton Food Pantry: Provides nutritious food on a bi-weekly basis to eligible households in Hopkinton. Delivery to shut-ins available 603-746-8244

Got Lunch: A Healthy food program for students. 603-746-8244

<u>Farmer's Markets</u> Snap benefits are accepted doubling dollars

NH Commodity Supplemental Food Program: Free healthy food for eligible seniors 60+. Call to see if you qualify 603-225-2050

Looking for Companionship

Friends Program offers at-risk kids mentoring, as well as help and support in school by income-eligible "foster grandparents". In addition, a senior volunteer program mobilizes adults age 55 and above to provide local community service. Call (603) 228-1193

Slusser Center is a community gathering place with special events, weekly programs, and Wednesday Senior Lunches for those age 50 and older. Also offering Exercise Classes, Arts & craft sessions, etc Call (603)-746-8265 for more info

Senior Companion connects with a fellow senior citizen in our community, or become a companion yourself. Call (603) 225-3295



Housing & Legal Assistance

Park Ave Apartments:

Housing for eligible Seniors & the disabled. Call 603-746-3111

<u>Friends Program</u> provides homeless with emergency shelter in Concord, N.H Call (603) 228-1462

The NHLA (New Hampshire Legal

Aid) is a full service law firm that

Legal Assistance:

offers its clients legal advice and information; representation in all of New Hampshire's state and federal courts and before several state agencies; and advocacy at the New Hampshire Legislature. **Eligible for no-cost services** for Individuals and households with income within an established percentage of the federal poverty standard, & assets up to certain limits based on household size. Seniors 60 years of age and over (no income or asset limits).

603 Legal Aid 1-800-639-5290

603 Legal Aid screens applicants for eligibility for NHLA.

